



APEX INSTITUTE OF AYURVEDIC MEDICINE AND HOSPITAL

SAMASPUR, CHUNAR, MIRZAPUR, U.P.-231304

CLASS TIME TABLE

B.A.M.S 1st PROFESSIONALS - 2025 Batch / MASTER TIME-TABLE

effective from 05/01/2026

TIME/DAYS	09:45 to 10:00 AM	10:00 to 11:00 AM	11:00 to 12:00 AM	12:00 to 01:00 PM	01:00 to 01:30 PM	01:30 to 02:30 PM	02:30 to 03:30 PM	03:30 to 04:30 PM	04:30 to 04:45 PM
MONDAY	LIBRARY	SANSKRIT & AYURVED ITIHAS (LH) Mr. Neel Kamal	RACHANA SHARIR (LH) Dr. A. K. Yadav	KRIYA SHARIR (LH) Dr. Abha Singh	LUNCH	SAMHITA ADHYAN-1 (NLH) Dr. Sonal B. Alapure	KRIYA SHARIR (NLH) Dr. Abha Singh / Dr. Monika (Clinical Class every Month of 1st & 3rd Monday)		LIBRARY
TUESDAY	LIBRARY	PADARTH VIGYAN (NLH) Dr. Samarth	RACHANA SHARIR (LH) Dr. Vindhya Pandey	SAMHITA ADHYAN-1 (NLH) Dr. Sonal B. Alapure	LUNCH	SANSKRIT & AYURVED ITIHAS (NLH) Mr. Neel Kamal	RACHANA SHARIR (NLH) Dr. P. S. Pandey / Dr. Ashish Kumar Yadav		LIBRARY
WEDNESDAY	LIBRARY	KRIYA SHARIR (LH) Prof. Richa Rai	RACHANA SHARIR (LH) Prof. P. S. Pandey	SAMHITA ADHYAN-1 (LH) Dr. Amit Sharma	LUNCH	SANSKRIT & AYURVED ITIHAS (NLH) Mr. Neel Kamal	KRIYA SHARIR (NLH) Prof. Richa Rai / Dr. Monika		LIBRARY
THURSDAY	LIBRARY	PADARTH VIGYAN (NLH) Dr. Sonal B. Alapure	SANSKRIT & AYURVED ITIHAS (LH) Mr. Neel Kamal	RACHANA SHARIR (LH) Dr. Asish Kumar Yadav	LUNCH	SAMHITA ADHYAN-1 (NLH) Dr. Amit Sharma	RACHANA SHARIR (NLH) Dr. Ashish Kumar Yadav / Dr. Vindhya Pandey		LIBRARY
FRIDAY	LIBRARY	PADARTH VIGYAN (LH) Dr. Samarth	RACHANA SHARIR (NLH) Dr. Vindhya Pandey	SAMHITA ADHYAN-1 (LH) Dr. Amit Sharma	LUNCH	KRIYA SHARIR (LH) Dr. Abha Singh	SANSKRIT & AYURVED ITIHAS (NLH) Mr. Neel Kamal	SAMHITA ADHYAN-1 (LH) Dr. Sonal B. Alapure	LIBRARY
SATURDAY	LIBRARY	RACHANA SHARIR (NLH) Dr. Vindhya Pandey	SAMHITA ADHYAN-1 (NLH) Dr. Amit Sharma / Dr. Sonal B. Alapure (Clinical Class every Month of 2nd & 4th Saturday)		LUNCH	KRIYA SHARIR (NLH) Dr. Monika Singh	PADARTH VIGYAN (NLH) Dr. Samarth	SANSKRIT & AYURVED ITIHAS (NLH) Mr. Neel Kamal	LIBRARY

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APEX INSTITUTE OF AYURVEDIC MEDICINE AND HOSPITAL

SAMASPUR, CHUNAR, MIRZAPUR, U.P.-231304

CLASS TIME TABLE

B.A.M.S 1st PROFESSIONALS - 2024 Batch / MASTER TIME-TABLE

effective from 05/01/2026

TIME/DAYS	09:45 to 10:00 AM	10:00 to 11:00 AM	11:00 to 12:00 AM	12:00 to 01:00 PM	01:00 to 01:30 PM	01:30 to 02:30 PM	02:30 to 03:30 PM	03:30 to 04:30 PM	04:30 to 04:45 PM
MONDAY	LIBRARY	SAMHITA ADHYAN-1 (NLH) Dr. Amit Sharma	KRIYA SHARIR (LH) Dr. Abha	RACHANA SHARIR (LH) Prof. P. S. Pandey	LUNCH	SANSKRIT & AYURVED ITIHAS (LH) Mr. Neel Kamal	RACHANA SHARIR (NLH) Dr. Ashish Kumar Yadav / Dr. Vindhya Pandey		LIBRARY
TUESDAY	LIBRARY	SAMHITA ADHYAN-1 (NLH) Dr. Amit Sharma	SANSKRIT & AYURVED ITIHAS (NLH) Mr. Neel Kamal	RACHANA SHARIR (LH) Dr. A. K. Yadav	LUNCH	PADARTH VIGYAN (NLH) Dr. Samarth	KRIYA SHARIR (NLH) Dr. Abha Singh / Dr. Monika		LIBRARY
WEDNESDAY	LIBRARY	RACHANA SHARIR (LH) Dr. A. K. Yadav	SANSKRIT & AYURVED ITIHAS (NLH) Mr. Neel Kamal	KRIYA SHARIR (LH) Prof. Richa Rai	LUNCH	SAMHITA ADHYAN-1 (LH) Dr. Sonal B. Alapure	RACHANA SHARIR (NLH) Dr. P. S. Pandey / Dr. Vindhya Pandey		LIBRARY
THURSDAY	LIBRARY	PADARTH VIGYAN (NLH) Dr. Samarth	SAMHITA ADHYAN-1 (NLH) Dr. Amit Sharma	RACHANA SHARIR (LH) Dr. Vindhya Pandey	LUNCH	SANSKRIT & AYURVED ITIHAS (LH) Mr. Neel Kamal	KRIYA SHARIR (NLH) Prof. Richa Rai / Dr. Monika		LIBRARY
FRIDAY	LIBRARY	SAMHITA ADHYAN-1 (LH) Dr. Amit Sharma	KRIYA SHARIR (LH) Dr. Monika Singh	SANSKRIT & AYURVED ITIHAS (NLH) Mr. Neel Kamal	LUNCH	PADARTH VIGYAN (LH) Dr. Sonal B. Alapure	RACHANA SHARIR (NLH) Dr. Vindhya Pandey	SAMHITA ADHYAN-1 (LH) Dr. Amit Sharma	LIBRARY
SATURDAY	LIBRARY	SAMHITA ADHYAN-1 (NLH) Dr. Amit Sharma	KRIYA SHARIR (NLH) Dr. Abha Singh	PADARTH VIGYAN (NLH) Dr. Sonal B. Alapure	LUNCH	SAMHITA ADHYAN-1 (NLH) Dr. Amit Sharma	RACHANA SHARIR (NLH) Dr. Vindhya Pandey	SANSKRIT & AYURVED ITIHAS (NLH) Mr. Neel Kamal	LIBRARY

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APEX INSTITUTE OF AYURVEDIC MEDICINE AND HOSPITAL

SAMASPUR, CHUNAR, MIRZAPUR, U.P.-231304

CLASS TIME TABLE

B.A.M.S 2nd PROFESSIONALS / 2023 Batch - MASTER TIME-TABLE

w.e.f. - 13/04/2026

TIME/DAYS	09:50 to 10:45 AM	10:45 to 11:40 AM	11:40 to 12:35 AM	12:35 to 01:00 PM	01:00 to 01:55 PM	01:55 to 02:50 PM	02:50 to 03:45 PM	03:45 to 04:40 PM
MONDAY	DRAVYAGUN VIGYAN Dr. Sudhanshu (LH)	SWASTHAVRITT A & YOG (LH) Prof. Nilima	AGAD TANTRA (NLH) Pro. K. D. Pandey	LUNCH	SAMHITA ADHYAN-2 (LH) Dr. Samarth	RAS SHASTRA & BHAI SAJYA KALPANA (NLH) Prof. C. Keshav /Dr.Ranvijay Singh		ROG NIDAN (LH) Prof. Ravindra Daswant
TUESDAY	RAS SHASTRA & BHAI SAJYA KALPANA (LH) Dr. Gaurav Singh	ROG NIDAN (NLH) Prof. Ravindra Daswant/ Dr. Sunil Singh (Clinical Class -Every Month of 1st & 3rd Tuesday)		LUNCH	DRAVYAGUN VIGYAN Dr. Sudhanshu (NLH)	SWASTHAVRITTA & YOG (NLH) Prof. Kulal M. Rauba/ Prof. Nilima/Dr. Kalol Pandey (Clinical Class Every Month of 2nd & 4th Tuesday)		AGAD TANTRA (LH) Dr. Divya Singh
WEDNESDAY	DRAVYAGUN VIGYAN Dr. Lalit Nagar (LH)	AGAD TANTRA (LH) Dr. P. K. Singh	SAMHITA ADHYAN-2 (LH) Dr. Samarth	LUNCH	RAS SHASTRA & BHAI SAJYA KALPANA (NLH) Dr.Ranvijay Singh/ Dr. Gaurav Singh		ROG NIDAN (LH) Prof. Suvarna Bahgwat	SWASTHAVRITT A & YOG (LH) Prof. Nilima
THURSDAY	RAS SHASTRA & BHAI SAJYA KALPANA (NLH) Dr. Gaurav Singh	SWASTHAVRITT A & YOG (LH) Dr. Satyanaryan	DRAVYAGUN VIGYAN Dr. Lalit Nagar (NLH)	LUNCH	ROG NIDAN (LH) Prof. Ravindra Daswant	SAMHITA ADHYAN-2 (NLH) Dr. Samarth	SWASTHAVRITT A & YOG (LH) Prof. Kulal M. R.	RAS SHASTRA & BHAI SAJYA KALPANA (NLH) Dr. Ranvijay
FRIDAY	DRAVYAGUN VIGYAN Prof. Amit Singh(LH)	AGAD TANTRA (NLH) Dr. Divya Singh/Dr/ P. K. Singh (Clinical Class Every Month of 1st & 3rd Friday)		LUNCH	ROG NIDAN (NLH) Prof. Ravindra Daswant	DRAVYAGUN VIGYAN (NLH) Prof. Amit Singh /Dr. Sudhanshu Singh		SWASTHAVRITT A & YOG (LH) Prof. Kulal M. R.
SATURDAY	ROG NIDAN (NLH) Dr. Sunil Kumar Singh	DRAVYAGUN VIGYAN Dr. Lalit Nagar (LH)	AGAD TANTRA (NLH) Dr. P. K. Singh	LUNCH	SAMHITA ADHYAN-2 (NLH) Dr. Samarth	SWASTHAVRITT A & YOG (LH) Prof. Nilima	ROG NIDAN (LH) Dr. Sunil Kumar Singh	RAS SHASTRA & BHAI SAJYA KALPANA (LH) Prof. C. Keshav

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CLASS TIME TABLE

B.A.M.S 2nd PROFESSIONALS / 2022 Batch - MASTER TIME-TABLE

w.e.f. - 05/01/2026

TIME/DAYS	09:50 to 10:45 AM	10:45 to 11:40 AM	11:40 to 12:35 AM	12:35 to 01:00 PM	01:00 to 01:55 PM	01:55 to 02:50 PM	02:50 to 03:45 PM	03:45 to 04:40 PM
MONDAY	ROG NIDAN (NLH) Dr. Suvarna Bahwat / Dr. Sunil Kumar Singh		RAS SHASTRA & BHAI SAJYA KALPANA (LH) Dr. Gaurav Singh	LUNCH	SWASTHAVRITTA & YOG (NLH) Prof. Kulal M Rauba		AGAD TANTRA (LH) Dr. P. K. Singh	SAMHITA ADHYAN-2 (NLH) Dr. Amit Sharma
TUESDAY	DRAVYAGUN VIGYAN (LH) Prof. Amit Singh	SWASTHAVRITTA A & YOG (LH) Dr. Satyanarayan Yadav	RAS SHASTRA & BHAI SAJYA KALPANA (LH) Prof. C. Keshav	LUNCH	SAMHITA ADHYAN-2 (NLH) Dr. Amit Sharma	ROG NIDAN (LH) Dr. Suvarna Bagwat	AGAD TANTRA (LH) Dr. P. K. Singh	RAS SHASTRA & BHAI SAJYA KALPANA (LH) Dr. Gaurav Singh
WEDNESDAY	SAMHITA ADHYAN-2 (LH) Dr. Amit Sharma	RAS SHASTRA & BHAI SAJYA KALPANA (LH) Dr. Ranvijay	DRAVYAGUN VIGYAN (LH) Prof. Amit Singh	LUNCH	SWASTHAVRITTA A & YOG (LH) Dr. Satyanarayan Yadav	DRAVYAGUN VIGYAN (NLH) Dr. Sudhanshu	AGAD TANTRA (NLH) Dr. Divya Singh	ROG NIDAN (LH) Dr. Sunil Kumar Singh
THURSDAY	DRAVYAGUN VIGYAN (LH) Dr. Sudhanshu	ROG NIDAN (LH) Dr. Sunil Kumar Singh	SAMHITA ADHYAN-2 (LH) Prof. Anil Kumar Shukla	LUNCH	RAS SHASTRA & BHAI SAJYA KALPANA (LH) Prof. C. Keshav	DRAVYAGUN VIGYAN (NLH) Dr. Lalit Nagar	AGAD TANTRA (NLH) Dr. P. K. Singh	RAS SHASTRA & BHAI SAJYA KALPANA (NLH) Dr. Ranvijay
FRIDAY	SWASTHAVRITTA A & YOG (LH) Dr. Satyanarayan Yadav	ROG NIDAN (NLH) Prof. Suvarna Bagwat / Dr. Sunil Kumar Singh		LUNCH	RAS SHASTRA & BHAI SAJYA KALPANA (NLH) Dr. Gaurav Singh / Dr. Ranvijay		AGAD TANTRA (NLH) Dr. P. K. Singh	DRAVYAGUN VIGYAN (NLH) Dr. Lalit Nagar
SATURDAY	SWASTHAVRITTA & YOG (NLH) Pro. Kulal M. Rauba / Dr. Satyanarayan		ROG NIDAN (NLH) Prof. Ravindra Daswant	LUNCH	DRAVYAGUN VIGYAN (NLH) Prof. Amit Singh / Dr. Sudhanshu		AGAD TANTRA (NLH) Prof. Anju Singh	SAMHITA ADHYAN-2 (NLH) Dr. Amit Sharma

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CLASS TIME TABLE

B.A.M.S 3rd PROFESSIONALS MASTER TIME-TABLE 2021-22 Batch

w.e.f.- 05/01/2026

TIME/DAYS	09:50 to 10:45 AM	10:45 to 11:40 AM	11:40 to 12:35 AM	12:35 to 01:30 PM	01:30 to 02:00 PM	02:00 to 02:55 PM	02:55 to 03:50 PM	03:50 to 04:45 PM
MONDAY	<p style="text-align: center;">NLH PRACTICAL/CLINICAL CLASSES DEPARTMENT WISE AS PER ROSTER SHEDULES</p>		SAMHITA ADHYAN-3 (LH) Prof. Anil Kumar Shukla	SHALYA TANTRA (LH) Dr. Manish Tiwari	LUNCH	PANCHKARMA (LH) Dr. Manoj Singh	KAYACHIKITSA (LH) Dr. Anjali Gautam	SHALAKYA TANTRA (NLH) Dr. Aniket Sutar
TUESDAY			KAUMARBHRITYA - BAL ROG (NLH) Dr. Yashpal Singh	SHALAKYA TANTRA (LH) Dr. Arvind	LUNCH	KAYACHIKITSA (NLH) Dr. GOURI CHAUHAN	SHALYA TANTRA (LH) Dr. Nilesh	PRASUTI TANTRA & STRI ROG (LH) Prof. Sirisha Gandhi/ Dr. Akansha
WEDNESDAY			SHALAKYA TANTRA (LH) Dr. Mangesh N	KAUMARBHRITYA - BAL ROG (LH) Prof. Preeti/ Dr. Snehal P Gore	LUNCH	SHALYA TANTRA (LH) Dr. Aarti	KAYACHIKITSA (LH) Dr. P. K. Rai	PANCHKARMA (NLH) Dr. Prem
THURSDAY			KAUMARBHRITYA - BAL ROG (LH) Dr. Priya Harshad	SHALYA TANTRA (NLH) Prof. Abhishek	LUNCH	PANCHKARMA (NLH) Prof. Bhawana	EMERGENCY MEDICINE (NLH) Emergency Department	PRASUTI TANTRA & STRI ROG (LH) Prof. Varsha/ Dr. Pratima
FRIDAY			KAYACHIKITSA (LH) Dr. P. P. Panda	SAMHITA ADHYAN-3 (NLH) Prof. Anil Kumar Shukla	LUNCH	SHALYA TANTRA (NLH) Dr. Nilesh	PANCHKARMA (LH) Dr. Jeevan K Jose	KAYACHIKITSA (NLH) Dr. Ashish
SATURDAY			SAMHITA ADHYAN-3 (NLH) Prof. Anil Kumar Shukla	KAYACHIKITSA (LH) Dr. Anjali Gautam	LUNCH	SHALAKYA TANTRA (NLH) Prof. P. K. Singh	PRASUTI TANTRA & STRI ROG (NLH) Pro. Ranju C.	Research Methodology (Mr. Farhan)

Dr. S.
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Clinical Roster Duty Schedules 3rd Professional - 2021 Batch

w.e.f.- 30/03/2026

S.N.	Batch - A	Batch -B	Batch - C	Batch -D	Batch - E	Batch -F
1	Navneet Kumar	Toshak Sahu	Sadhana Singh	Rohit Kumar Yadav	Shaikh Tahniyat	Tejas Kumar
2	Ram Shankar Yadav	Swapnil srivastava	Sristhi Patel	Janki Kumari	Abhimanyu Kumar	Harsh Jaiswal
3	Shikhar Pal	Kajal singh	Sahfahad Aalam	Abhishek gupta	Harshita mishra	Shilpi
4	Aashika Kumari	Ravikant Singh	Radhika Singh	Sacchi Singh	Priyanka Kumari	Neha Kushwaha
5	Rajat Tripathi	Gaurav Gupta	Mohammad Qusaim	Rama Bansal	Krishna Kumar Gupta	Sanjana
6	Ashutosh Kumar	Akansha	Narendra Kumar	Kapil Babu Pal	Rupa Yadav	Shrea Sahu
7	Manjeet Kumar	Annu Bharti	Nutan	Sandeep	Deepak Udayraj Verma	Vimlesh

Department	May-26	Jun-26	Jul-26	Aug-26	Sep-26	Apr-26
Kaychikitsa	Batch-A	Batch-B	Batch-C	Batch-D	Batch-E	Batch-F
Panchkarma	Batch-B	Batch-C	Batch-D	Batch-E	Batch-F	Batch-A
Shalaya	Batch-C	Batch-D	Batch-E	Batch-F	Batch-A	Batch-B
Prasut & Stri	Batch-D	Batch-E	Batch-F	Batch-A	Batch-B	Batch-C
Shalakya	Batch-E	Batch-F	Batch-A	Batch-B	Batch-C	Batch-D
Kaumarbhritya	Batch-F	Batch-A	Batch-B	Batch-C	Batch-D	Batch-E

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